



**SPOKES – South West Hertfordshire Cycling Group**

**Cycle Rides From South West Herts**

Please send me \_\_\_\_\_ copies at £2.00 each (free postage)

**Name** \_\_\_\_\_

**Address** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Please make cheques payable to **Spokes (SW Herts Cycling Group)**

Send to Spokes

c/o Roger Bangs, 130 Tudor Way, Rickmansworth WD3 7HL